

## Annotated Bibliography

### Primary Sources

"Accomplishments." *Kathrine Switzer Marathon Women*, Kathrine Switzer, 2017,

[kathrineswitzer.com/accomplishments/](http://kathrineswitzer.com/accomplishments/). Accessed 6 Jan. 2020. In this website I found most of Kathrines accomplishments in detail. This source really helped me in the background and short-term impact section since it explains how she started running and what happened after the marathon.

Baker, Ashley. "The Beginning of a Movement." *Race Times*, Aug.-Sept. 2019, pp. 1-33,

[online.fliphtml5.com/fhlz/fppn/#p=4](http://online.fliphtml5.com/fhlz/fppn/#p=4). Accessed 8 Jan. 2020. This primary source magazine article helped me find out more about Kathrine Switzers and helped me realize what actually happened. It proves how kathrine broke many barriers throughout time. It also gave me details like Kathrines thoughts throughout time. I will use most of this information in the barriers section of my website.

Between April and June 1972, 40 years ago, women were first able to officially run the Boston

Marathon. *Runners World*, Hearst Magazine Media, 12 Oct. 2012,

[www.runnersworld.com/advanced/a20840204/courageous-persistence/](http://www.runnersworld.com/advanced/a20840204/courageous-persistence/). Accessed 27 Jan. 2020. This Primary source photo taken in 1972 shows the 7 women that ran the Boston Marathon once they first allowed women. This photo helped me understand what they accomplished and how brave they were to do so.

Connell, Paul. Kathrine Switzer, of Syracuse, N.Y., becomes the first woman to 'officially' run the Boston marathon. 1967. *The Boston Globe*, Forbes Media,

[www.forbes.com/sites/andyfrye/2019/04/02/kathrine-switzer-talks-boston-marathon/#20](http://www.forbes.com/sites/andyfrye/2019/04/02/kathrine-switzer-talks-boston-marathon/#20)

411c08a35d. Accessed 7 Jan. 2020. In this photo Kathrine is shown being pushed by a race official during the Boston Marathon and Kathrine's boyfriend and coach pushing him away. I used this photo in the barriers section of my website since it shows the barrier that Kathrine faced.

"First woman to officially run Boston Marathon back at it -- 50 years later." *CBS News*, CBS Interactive, 17 Apr. 2017, [www.cbsnews.com/news/boston-marathon-kathrine-switzer-first-official-female-runner-legacy/](http://www.cbsnews.com/news/boston-marathon-kathrine-switzer-first-official-female-runner-legacy/). Accessed 21 Jan. 2020. In this primary source website Kathrine talks about her experience in the 1967 marathon and then goes on to talk about how she ran the marathon in 2017. This source was very helpful in my barriers and long-term impact and helped me understand the terror Kathrine went through.

"5 on Sports Marathon." *Digital Public Library of America*, WCVB Collection, 14 Apr. 1973, [bostonlocaltv.org/catalog/2394\\_06435](http://bostonlocaltv.org/catalog/2394_06435). Accessed 16 Jan. 2020. This is footage from the 1972 Boston Marathon showing the first female finisher. This video shows what it was like for the women running and how society has changed from then.

Frye, Andy. "Kathrine Switzer Talks Boston Marathon, 1967 And Now." *Forbes*, Forbes media, 2 Apr. 2019, [www.forbes.com/sites/andyfrye/2019/04/02/kathrine-switzer-talks-boston-marathon/#20411c08a35d](http://www.forbes.com/sites/andyfrye/2019/04/02/kathrine-switzer-talks-boston-marathon/#20411c08a35d). Accessed 7 Jan. 2020. In this primary source Kathrine is interviewed and talked about both the 1967 and 2017 Boston Marathon. I used this information in both the barriers and long-term impact pages since she is explaining how she felt about both of them.

Gibb, after finishing the 1966 Boston Marathon. *Runners World*, Hearst Magazine Media, [www.runnersworld.com/races-places/a20791759/first-lady-of-boston/](http://www.runnersworld.com/races-places/a20791759/first-lady-of-boston/). Accessed 27 Jan. 2020. This picture shows the first woman to complete the Boston Marathon unofficially and is a picture of Robeta Gibbs approaching the finish line in 1966. This photo shows that women can run and it helped change many people's beliefs. This picture was useful in the background section of my website.

*Global Womens Circuit*. [www.coolrunning.com/ar/running\\_about\\_history.html#top](http://www.coolrunning.com/ar/running_about_history.html#top). Accessed 21 Jan. 2020. This site contains useful information on Avon, a running circuit that Kathrine made. It explains a lot of primary information about Avon and helped me understand why she started the program. I used this information in my long-term impact section.

"Interview With Kathrine Switzer, First Female Marathon Runner." *Sports History Weekly*, 2 Nov. 2019, [www.sportshistoryweekly.com/stories/kathrine-switzer-boston-marathon-women-running-olympics,794](http://www.sportshistoryweekly.com/stories/kathrine-switzer-boston-marathon-women-running-olympics,794). Accessed 14 Jan. 2020. This primary source helped me understand all of the small details in Kathrine's running experience. It provided me with quotes, dates, and primary source information. This website helped a lot in the barriers section of my website.

*Kathrine Switzer*. *Daily Orange*, [dailyorange.com/resize/800/wp-content/uploads/2017/04/19002324/KathySwitzer3.jpg](http://dailyorange.com/resize/800/wp-content/uploads/2017/04/19002324/KathySwitzer3.jpg). Accessed 27 Jan. 2020. This is a picture of Kathrine Switzer running the 2017 Boston Marathon with many other women. It helped me understand how proud she is to be able to run the marathon.

Kathrine Switzer, a distance runner from New York, is pictured on April 9, 1975 near her White Plains, N.Y. *Syracuse*, Advance Local Media, [www.syracuse.com/schools/2015/04/boston\\_marathon\\_kathrine\\_switzer\\_syracuse\\_university\\_woman\\_race.html](http://www.syracuse.com/schools/2015/04/boston_marathon_kathrine_switzer_syracuse_university_woman_race.html). Accessed 27 Jan. 2020. This is a photo of Kathrine Switzer smiling at the camera in her younger days. This picture proves that no matter how old you are you are capable I think this since Kathrine ran the Boston Marathon when she was 20 years old. I used this photo in the background section of my website since I feel like it helps show you her story.

Kathrine Switzer averaged 10:51 per mile. *Boston Globe*, Boston Globe Media Partners, 17 Apr. 2017, [www.bostonglobe.com/sports/specials/boston-marathon/2017/04/17/switzer/X2g0fN86vEMwkDz0M32E9L/story.html](http://www.bostonglobe.com/sports/specials/boston-marathon/2017/04/17/switzer/X2g0fN86vEMwkDz0M32E9L/story.html). Accessed 27 Jan. 2020. This photo shows Kathrine finishing the 2017 Boston Marathon. I think this photo is important. This was the 50th anniversary of when Kathrine ran the Boston Marathon and she explains that it all came back. I used this photo in the long-term impact section.

Kathrine Switzer became an icon for athletes and women due not just to her running ability, but an incident during the 1967 Boston Marathon. *How Stuff Works*, How stuff Works, [adventure.howstuffworks.com/outdoor-activities/running/events/50-year-anniversary-kathrine-switzer-boston-marathon.htm](http://adventure.howstuffworks.com/outdoor-activities/running/events/50-year-anniversary-kathrine-switzer-boston-marathon.htm). Accessed 4 Feb. 2020. This photo shows Kathrine getting shoved by a race official and Arnie quickly shoving him back. I think this photo catches Kathrine in shock and I used it in my barriers section.

*Kathrine Switzer in 1967. My Hero*, My Hero Project, [myhero.com/kathrine-switzer](http://myhero.com/kathrine-switzer). Accessed 27 Jan. 2020. This photo of Kathrine Switzer at the 1967 Marathon shows her running. I feel like this photo also catches her deep in her thoughts and it shows how she just kept running even when something got in her way.

"Kathrine Switzer Reflects on Historic Run." *CNN*, 17 Apr. 2017, [www.cnn.com/videos/sports/2017/04/17/kathrine-switzer-boston-marathon-intv.cnn](http://www.cnn.com/videos/sports/2017/04/17/kathrine-switzer-boston-marathon-intv.cnn). Accessed 7 Jan. 2020. In this video Kathrine reflects on the 1967 Boston Marathon 50 years ago. I think this is important since not only did she explain the reasons behind certain actions, she also explained her emotions during the marathon.

McCarthy, Alex. "'I WENT FROM A GIRL TO A GROWN WOMAN' | THE STORY OF KATHRINE SWITZER." *Off the Ball*, 15 July 2019, [www.offtheball.com/other-sports/kathrine-switzer-changed-womens-running-forever-882874](http://www.offtheball.com/other-sports/kathrine-switzer-changed-womens-running-forever-882874). Accessed 16 Jan. 2020. In this primary source Kathrine shares her story during an interview. I used this source to explain Kathrine's story. It also provides me with photos of Kathrine running.

*Mile 4: Kathrine Switzer. Chess Safari*, [twchesssafari.blogspot.com/2008/07/mile-4-bobbi-sue-kathrine.html](http://twchesssafari.blogspot.com/2008/07/mile-4-bobbi-sue-kathrine.html). Accessed 28 Jan. 2020. This photo shows a series of three images of Kathrine being shoved during the marathon. In these photos I feel like you can see the fear and embarrassment in Kathrine as she runs. I used this in my short-term impact page.

Officially, they were allowed to participate in it only in 1972. *Quizzclub*, Quiz club, [quizzclub.com/trivia/what-is-kathrine-switzer-famous-for/answer/29927/](http://quizzclub.com/trivia/what-is-kathrine-switzer-famous-for/answer/29927/). Accessed 27

Jan. 2020. This picture shows Kathrine running the Boston Marathon with her "team" including her coach Arnie Briggs, her boyfriend Tom Miller, and John Leonard from the university cross-country team. This photo helped me see how Kathrines team helped get her through the marathon.

*Olympics Road to 1984 Olympic Glory*. 1984. *Thurston Talk*, Thurston Talk,

[www.thurstontalk.com/2019/05/10/olympias-road-to-1984-olympic-glory/](http://www.thurstontalk.com/2019/05/10/olympias-road-to-1984-olympic-glory/). Accessed 27

Jan. 2020. This primary source photo of the first womens marathon in the olympics shows women running durring the race in 1984. I used it in the long-term impact section of my website. With 267 women in the marathon this picture showed how much womens running has grown since then.

The race director of the 1967 Boston Marathon tries to stop Kathrine Switzer, the first woman to run the marathon as a numbered entry. 19 Apr. 1967. *Aburnpub.com*, Lee Publications, [auburnpub.com/entertainment/author-kathrine-switzer-the-first-woman-to-run-the-boston/article\\_a0554467-c1e1-5aec-9c9d-cdef9772d014.html](http://auburnpub.com/entertainment/author-kathrine-switzer-the-first-woman-to-run-the-boston/article_a0554467-c1e1-5aec-9c9d-cdef9772d014.html). Accessed 15 Jan. 2020. This is a picture of a race official trying to stop Kathrine and get her out of the race. This picture helped me learn more about womens rights and how women were not respected only 60 years ago. I thought this picture would go well in the barriers section of my website.

Switzer, Katherine. "The Real Story of Kathrine Switzer's 1967 Boston Marathon." *The Real Story*, Katherine Switzer, 2017,

[kathrineswitzer.com/1967-boston-marathon-the-real-story/](http://kathrineswitzer.com/1967-boston-marathon-the-real-story/). Accessed 11 Dec. 2019. This website made by Kathrine herself shares the whole story of when she ran the Boston Marathon in 1967 not leaving any details out. I felt like this website was important to use

since it gave me a lot of useful information and provided me with dates and quotes. I used most of this information in the barriers section of my website.

Switzer, Kathrine. *Marathon Woman*. New York, Will balliett, 2007. This book, written by Kathrine Switzer, helped me understand her journey to womens rights. I used this source for many parts of my website since it included information about her whole life and had many good quotes.

*261 Fearless*. Fearless, [www.261fearless.org/](http://www.261fearless.org/). Accessed 21 Jan. 2020. This is a website based upon Kathrines program Avon international running circuit. In this website the running circuit is explained in depth. I used most of this information in the long-term impact section of my website since it shares many photos and information on Avon international running circuit.

## **Secondary Sources**

*Boston Marathon Route Map*. Usatvline,

[usatvline.com/boston-marathon-2019-route-map-pdf-course-elevation-details/](http://usatvline.com/boston-marathon-2019-route-map-pdf-course-elevation-details/). Accessed 28 Jan. 2020. This picture is a map of the Boston Marathon course. This photo helped me realize how long the Boston Marathon really is and how difficult it probably is. I used this photo in the background section of my website since I think it gives you a look at how long it is.

Bowers, Rachel. "Kathrine Switzer Finishes Boston Marathon Again, 50 Years Later." *Globe*, Boston Globe Media, 17 Apr. 2017, [www.bostonglobe.com/sports/specials/boston-marathon/2017/04/17/switzer/X2g0fN86v](http://www.bostonglobe.com/sports/specials/boston-marathon/2017/04/17/switzer/X2g0fN86v)

EMwkDz0M32E9L/story.html. Accessed 6 Jan. 2020. In this secondary website Kathrine's journey in the 1967 marathon is explained. I used this source since it included lots of quotes from Kathrine and good facts and images to include in the barriers and long-term impact section of my website.

Calisthenics (depicted in an 1831 *Journal of Health*) became a form of exercise for well-to-do women in the 1820s. *Shannon Selin*,

shannonselin.com/2018/05/exercise-for-women-19th-century/. Accessed 4 Feb. 2020.

This illustration shows how women were allowed to exercise in the early 1800s. I think this woman helps me realize that women were limited to do certain things. I used this photo in the background section of my website to show how society treated women.

Graham, Andrew. "Syracuse alumna Kathrine Switzer, the first woman to run the Boston Marathon, is still pushing for change 50 years later." *The Daily Orange*,

dailyorange.com/2017/04/syracuse-alumna-kathrine-switzer-the-first-woman-to-run-the-boston-marathon-reflects-50-years-later/. Accessed 16 Jan. 2020. In this secondary

source website I got a lot of information about when Kathrine ran the Boston Marathon in 1967. It also talks about her other accomplishment such as a women's marathon in the Olympics. This source made me realize that Kathrine is just a normal person and she doesn't care about being famous she just wants to encourage women around the world that they can do anything.

"History of the Boston Marathon." *B.A.A.*, [www.baa.org/races/boston-marathon/results/history](http://www.baa.org/races/boston-marathon/results/history).

Accessed 9 Jan. 2020. On this site I found a lot of history on the Boston marathon such as the distance, weather, women running, and much more. I used this information in the

background section so people could understand what the Boston Marathon was and why it was important.

"Kathrine Switzer A Pioneer In Women's Sports." *New York Road Runners*,

[www.nyrr.org/about/hall-of-fame/kathrine-switzer](http://www.nyrr.org/about/hall-of-fame/kathrine-switzer). Accessed 14 Jan. 2020. In this article Kathrine's childhood is explained along with Kathrine's milestones throughout life. I think this source gives detail about what has happened to her. I will use this information throughout my whole website.

Lamoereux, Aimee. "Kathrine Switzer, The First Woman To Run The Boston Marathon, Was Almost Kicked Out For Her Gender." *Ati*, 16 Mar. 2018,

[allthatsinteresting.com/kathrine-switzer](http://allthatsinteresting.com/kathrine-switzer). Accessed 21 Jan. 2020. In this secondary source website it explains how Kathrine ran the 1967 marathon and why women couldn't run. This source was especially helpful in showing me the struggle and what it was like in 1967 to be a woman. I used this source in the background and long-term impact section of my website.

Lovett, Charlie. "The Fight to Establish the Women's Race." *Marathon Guide*, Web marketing,

1997, [www.marathonguide.com/history/olympicmarathons/chapter25.cfm](http://www.marathonguide.com/history/olympicmarathons/chapter25.cfm). Accessed 3 Jan. 2020. This website was very useful for me since it told me how Kathrine fought so women could run. It made me realize how strong she was since she physically got attacked and kept running. Most of this information will fit well in the short-term impact section.

Middlebrooke, Hailey. "Running Revolutionary Kathrine Switzer's Life Is Being Made Into a Movie." *Runners World*, Hearst Magazine Media, 25 June 2019,

[www.runnersworld.com/news/a28184135/film-adaption-marathon-woman-kathrine-switzer/](http://www.runnersworld.com/news/a28184135/film-adaption-marathon-woman-kathrine-switzer/). Accessed 14 Jan. 2020. In this source it talks about how Kathrine feels about running and why she didn't give up overtime on making it so women could run. It also explains what Kathrine is doing in her life now. This article helped me figure out exactly what Kathrine has done in her life.

"Moment In Time: April 19, 1967 Boston Marathon - Kathrine Switzer attacked by official mid race." *The Telegraph*, Telegraph Media Group, 18 Apr. 2019, [www.telegraph.co.uk/athletics/2019/04/18/moment-time-april-19-1967-boston-marathon-kathrine-switzer/](http://www.telegraph.co.uk/athletics/2019/04/18/moment-time-april-19-1967-boston-marathon-kathrine-switzer/). Accessed 21 Jan. 2020. In this article Kathrine and her running team were explained by saying how they knew her or how they impacted her. This source was useful in the way that it helped me realize who she ran with.

"PARTICIPATION THROUGHOUT THE YEARS." *B.A.A.*, [www.baa.org/races/boston-marathon/results/participation](http://www.baa.org/races/boston-marathon/results/participation). Accessed 16 Jan. 2020. This website shows the participation in the Boston Marathon from 1897-2019. This source was useful because it showed me how the number of women in the marathon has kept increasing every year.

Reese, Robert James. The percentage continues to rise across the board and gets ever closer to 50%. It will be fun to look back in another decade or two and see where these lines have ended up. *Runners World*, Heart Magazine Media, 8 Apr. 2013, [www.runnersworld.com/runners-stories/a20794033/women-in-marathons/](http://www.runnersworld.com/runners-stories/a20794033/women-in-marathons/). Accessed 21 Jan. 2020. This graph shows the number of women finishers in four different marathons and how it keeps increasing every year. This graph shows that more and more women run

now that they are allowed to. I think this helped me understand how much Kathrine encouraged people.

---. "Women in Marathons." *Runners World*, Hearst magazine, 8 Apr. 2013,

[www.runnersworld.com/runners-stories/a20794033/women-in-marathons/](http://www.runnersworld.com/runners-stories/a20794033/women-in-marathons/). Accessed 15 Jan. 2020. In this article it explains how women running is becoming more popular every year. It gives you the percent of women vs. men running in certain marathons and the exact number of women in the marathon. I will most likely use this information in the long-term impact section.

Selin, Shannon. "Exercise for Women in the Early 19th Century." *Shannon Selin Imagining the Bounds of History*, Shannon Selin,

[shannonselinselin.com/2018/05/exercise-for-women-19th-century/](http://shannonselinselin.com/2018/05/exercise-for-women-19th-century/). Accessed 22 Jan. 2020. In this article it explains why women couldn't do physical activity and when they were finally allowed to. I believe this information is important for the background section of my website so people know why women weren't allowed to run in the first place.

"2019 BOSTON MARATHON STATISTICS." *Boston Athletic Association*, 2019,

[registration.baa.org/2019/cf/Public/iframe\\_Statistics.htm](http://registration.baa.org/2019/cf/Public/iframe_Statistics.htm). Accessed 15 Jan. 2020. On this website it gives me information on all of the people that ran in the boston marathon in 2019 and even sorting them based on gender and age. This was very useful to help me determine what ages of people ran and how many females ran every year.

"Women and running - Kathrine Switzer: from her first Boston marathon to 261 Fearless."

*TechnoGym*,

[www.technogym.com/us/newsroom/kathrine-switzer-marathon-boston-261-fearless-wom](http://www.technogym.com/us/newsroom/kathrine-switzer-marathon-boston-261-fearless-wom)

en-sports/. Accessed 14 Jan. 2020. This website tells a lot of information about female running such as talking about what Kathrine did after 1967 and how she changed society. This source helped me make the short-term impact page since it talked about how she became an activist and included quotes from Kathrine

Kalyanaraman, Srividya. Here's how you can track the Boston Marathon 2019. *Bostinno*, American City Business Journals, 15 Apr. 2019, [www.americaninno.com/boston/inno-news-boston/heres-how-you-can-track-boston-marathon-2019/](http://www.americaninno.com/boston/inno-news-boston/heres-how-you-can-track-boston-marathon-2019/). Accessed 5 Feb. 2020. This photo shows the Boston Marathon starting line of 2019. I feel it is important since you can see how many women run. I used this in my long-term impact page to help people understand how Kathrine impacted runners.